

Sometimes Your World Feels Upside Down

WE OFFER SUPPORT FOR YOUR EVERY DIRECTION



2016
EMPLOYEE
ASSISTANCE
PROGRAM

During turbulent times when the world might seem upside down, National EAP would like to remind you that your employer provides you and your family with an Employee Assistance Program that can help you. Anytime, any day, you have free, confidential access to professional consultants and online resources to assist you with:

- Mental Health and overall well-being
- Work and career growth
- Coping with crises in the world
- Referrals to resources to meet specific work, life, or caregiving needs

CALL toll-free to speak live with a consultant.

TOLL-FREE: **800-624-2593**

TTD/TTY: **866-228-2809**

LOG ON to your employee support website to access articles, tips, links, and tools.

www.nationaleap.com

USERNAME: **COMPANY NAME**

PASSWORD: **COMPANY NAME**

