

## Boosting Productivity with Time Management

March 12th at 12 pm ET

**Register Today!** 

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Every month, National EAP's team of coaches and clinicians provide programming to help you level-up in your personal and professional life. This month we focus on time management.

This THRIVE webinar is focused on enhancing your time management skills and boost productivity at work and in life. We will review time management techniques to help you manage your time effectively and efficiently, leaving you feeling more accomplished so you can run your day, instead of the day running you!







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